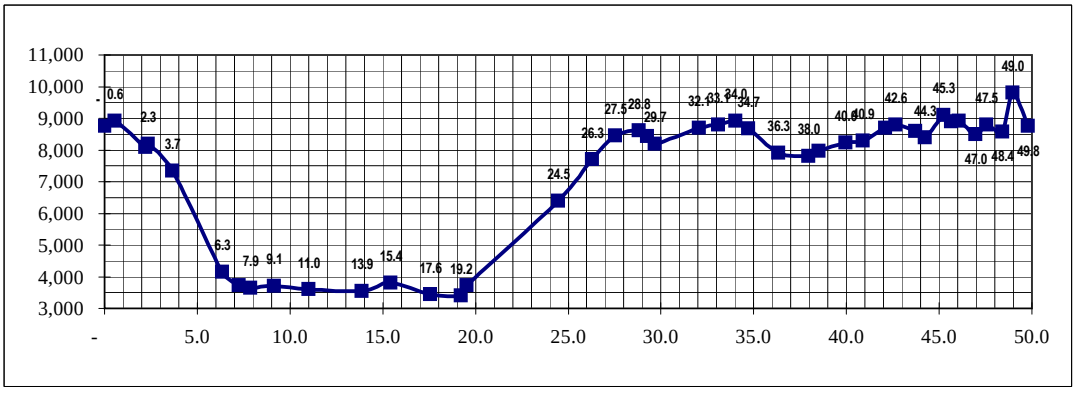
Crags Loop, Frank Church Wilderness: June 28-July 3, 2009

Crags Loop Location	Night	Day Miles	Sect Miles	Cum Miles	Elev Feet	Elev Change
Jct Loop Trail	In Sun		-	-	8,750	-
Middle Fork Peak			0.6	0.6	8,920	170
Saddle 8082			1.7	2.2	8,082	(838)
Benchmark 8202 Peak			0.1	2.3	8,200	118
Saddle before Section Line			1.3	3.7	7,350	(850)
Warm Spring Valley (at Warm)			2.7	6.3	4,150	(3,200)
Jct Mormon Ranch	Sun	7.2	0.9	7.2	3,720	(430)
Bernard Bridge			0.6	7.9	3,650	(70)
Pole Creek			1.3	9.1	3,700	50
Cold Spring Creek			1.9	11.0	3,600	(100)
Wilson Creek CG			2.9	13.9	3,550	(50)
Rattlesnake Creek CG			1.6	15.4	3,800	250
Bobtail Creek			2.1	17.6	3,450	(350)
Big Creek Bridge			1.7	19.2	3,400	(50)
Lower Waterfall Valley	Mon	12.3	0.3	19.5	3,720	320
Waterfall Valley at W	Tue	5.0	5.0	24.5	6,400	2,680
Waterfall Valley at Map splice			1.8	26.3	7,700	1,300
Jct Terrace Lake			1.3	27.5	8,450	750
Heart Lake Outlet			1.3	28.8	8,620	170
Jct Welcome Lake	Wed	4.8	0.5	29.3	8,432	(188)
Jct Crags Trail			0.4	29.7	8,200	(420)
Jct Clear Creek Trail			2.4	32.1	8,700	500
Jct Gant Ridge Trail			1.0	33.1	8,800	100
Benchmark 8929			0.9	34.0	8,929	129
Jct Crags Campground Trail			0.7	34.7	8,670	(259)
Meadow SW of Crags CG	Thr	7.1	1.6	36.3	7,900	(770)
Jct Rd at Frog Meadow			1.6	38.0	7,800	(870)
Jct Rd to Yellowjacket CG			0.6	38.5	7,960	160
Jct At Hoodoo Meadow	Fri	3.6	1.4	40.0	8,240	280
Jct Wilson/Hoodoo Ck Trs			0.9	40.9	8,300	60
Benchmark 8787 Peak			1.2	42.1	8,700	400
Peak 8800 Contour			0.5	42.6	8,800	100
Benchmark 8672 Peak			1.1	43.7	8,600	(200)
Saddle N of Pond			0.5	44.3	8,400	(200)
Benchmark 9187 Peak			1.0	45.3	9,100	700
Saddle near 8800 Contour			0.4	45.7	8,900	(200)
Benchmark 9079 Peak			0.4	46.1	8,920	20
Saddle S of 8634			0.9	47.0	8,500	(420)
Benchmark 88?? Peak			0.6	47.5	8,800	300
Saddle N of Lake Creek			0.9	48.4	8,580	(220)
Benchmark 9029 Peak			0.6	49.0	9,800	1,220
Jct Middle Fork CG Rd	Out Sat	9.9	0.8	49.8	8,750	(1,050)
TOTAL		49.8	49.8